



COMPLETE *Packing* GUIDE

Clothing

UNDER

- Underwear
- Bras
- Socks
- Tights
- Undershirts

TOPS

- Tanks
- T-shirts
- Long sleeves
- Fancy tops
- Dresses

BOTTOMS

- Shorts
- Skirts
- Pants/Slacks
- Jeans
- Leggings

OVER

- Sweater
- Hoodie
- Jacket
- Blazer
- Coat
- Gloves
- Scarves
- Hat

FOOTWEAR

- Gym shoes
- Sandals
- Flats
- Dress shoes
- Boots
- Slippers

OTHER

- Swimwear
- Coverup
- Loungewear
- Pajamas
- Workout

Accessories

JEWELRY

- Bracelets
- Rings
- Necklaces
- Watch

OTHER

- Hats
- Sunglasses
- Purse
- Belts
- Shawl

Toiletries

SHOWER

- Soap
- Washcloths
- Shampoo
- Conditioner
- Shave cream
- Razor

POST SHOWER

- Lotion/Moisturizer
- Deodorant
- Perfume/Cologne

DENTAL

- Toothbrush
- Toothpaste
- Floss

FACE

- Makeup
- Makeup remover

HAIR

- Brush/comb
- Hair hot tools
- Hair products
- Hair ties/clips

NAILS

- Nail clippers
- Nail file
- Nail polish

ETC

- Pads/Tampons/Liners
- Baby powder
- Sunblock

Necessities

- Passport
- Wallet
- ID
- Medication
- Keys
- Tickets
- Local Currency

Additional

- Hand sanitizer
 - Sleep mask
 - Umbrella
 - Pillow
 - Earplugs
 - Sewing kit
 - First Aid kit
 - Games
 - Books/magazines
 - Notepad
 - Pens/makers
 - Coloring book
 - Word search/puzzle
 - Snacks
 - Gum
 - Empty water bottle
 - Laundry bag for dirty clothes
- ### MEDICATION
- Advil/Tylenol/Ibuprofen
 - Allergy
 - Upset stomach

Electronics

- Phone
- Tablet
- Computer
- Headphones
- Chargers
- Adapters
- Portable charger
- Watch
- Camera
- Camera Accessories



BEFORE *You* LEAVE

Documents

EXPIRATION DATES

- Drivers License
- Passport
- Debit/Credit cards
- Event tickets
- Check into flights
- Confirm reservations

House

- Stop mail
- Check smoke detectors
- Close windows/shades
- Clean counters
- Leave contact information
- Put spare keys in place
- Run dishwasher
- Adjust thermostat
- Lock windows & doors
- Empty washer & dryer
- Water plants
- Put safety sticker on window
- Set alarm system
- Reschedule any maintenance
- Unplug any appliances

Money

- Get cash/currency for trip
- Notify bank of vacation
- Leave cash for any caregivers
- Change phone plan if international
- Put bills on autopay
- Finalize any rental info for trip
- Refill any medications

Personal Care

- Get nails done
- Get hair done
- Wax/shave
- Face mask

Pets

- Set up animal care
- Leave care instructions
- Ensure pet food is replenished
- Leave vet information
- Pick up dog waste outside
- Double check safety of toys
- Put leashes/collars/harnesses up



ONCE *You're* BACK

Documents

Put important documents away

House

Open windows for fresh air
Wash laundry from trip
Unpack bags
Charge devices
Pour boiling water down drains
Remove any perished foods
Vacuum
Check plants

Organize

Ensure devices are backed up

Collect:

- Share photos from trip to a group shared cloud/library
- Save photos and videos to labelled folders

Money

Exchange any foreign currency

Review bank statements for:

- Double charges
- Incorrect charges

Let your bank know you've returned

Turn off international phone plan

Personal Care

Take a shower

Drink plenty of water

Take multivitamins

Relax & rest